

# Food Resources for the Month of October 2024



**Clear Lake  
gleaners inc.**



LAKE COUNTY  
HELPING HAND  
**FOOD  
PANTRY**



REDWOOD EMPIRE  
**FOOD BANK**

## IMPORTANT INFORMATION

**Confirmation of food distribution is not always possible. For up-to-date information, please visit the Gleaners, Redwood Empire Food Bank, and Helping Hands websites. This information is subject to change and is provided as a guide for families to access food resources**

\*Times and Locations are Subject to Change \*

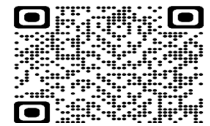
\* Weather Conditions & Holidays may affect distribution dates\*

**PLEASE VISIT THE WEBSITE BELOW OR SCAN THE QR CODE FOR UP-TO-DATE WEBSITE INFORMATION**

**Lake County Helping Hand**  
SCAN HERE OR VISIT:  
<https://lchelpinghand.com/>



**Redwood Empire Food Bank**  
SCAN HERE OR VISIT:  
<https://getfood.refb.org/>



Date	Location	Address	Food Box	Senior Basket	Daily Essentials	Hot Meals
<b>Tue. Oct. 1</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <i>(Photo I.D. Required)</i>	11:30am-12:00pm			4:00pm-6:00pm
	Living Water Christian Fellowship S.B.C.	14545 Robinson Avenue, Clearlake <i>(Drive thru at the backside of the church)</i>	9:30am-11:30am		9:30am-11:30am	
	<b>REFB</b> - Twin Pine Casino	22233 South Highway 29, Middletown	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
<b>Wed. Oct. 2</b>	Gleaners - Crossroads Church	6039 Crawford Ave, Clearlake	8:00am-10:00am			
	Gleaners - Little Red School House	15780 Bottle Rock Rd, Cobb	8:00am-10:00am			
	Gleaners Building	1896 Big Valley Road, Finley	8:00am-10:00am			
	Gleaners - First Lutheran Church	3836 Country Club Dr, Lucerne	8:00am-10:00am			
	Gleaners - Middletown Lion's Club	15399 Central Park Rd, Middletown	8:00am-10:00am			
	Gleaners - Nice	2817 Highway 20 – <i>(Cross Street is Lakeview Dr, Nice)</i>	8:00am-10:00am			
	Gleaners - Spring Valley Community Center	3005 Wolf Creek Rd, Spring Valley	8:00am-10:00am			
	<b>REFB</b> - Lower Lake Park <span style="background-color: yellow;">Seniors Only 60 + Years</span>	Corner of 2 <sup>nd</sup> Street and Mill Street, Lower Lake		9:30am-10:30am		
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
<b>Thurs. Oct. 3</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <i>(Photo I.D. Required)</i>	11:30am-12:00pm			4:00pm-6:00pm
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm

	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
<b>Fri. Oct. 4</b>	<b>REFB</b> - Grace Church of Kelseyville	6716 Live Oak Drive, Kelseyville	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
<b>Mon Oct. 7</b>	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
	<b>REFB</b> - Redbud Park	14655 Ball Park Ave, Clearlake	9:00am-10:30am	9:00am-10:30am	9:00am-10:30am	
	Helping Hand - Big Oak Peer Support Center <b>Call to confirm 707-413-8363</b>	13300 State Highway 20, STE. O, Clearlake Oaks	10:00 am-Until Food is Gone			
<b>Tue. Oct. 8</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <b>(Photo I.D. Required)</b>	11:30am-12:00pm			4:00pm-6:00pm
	Living Water Christian Fellowship S.B.C.	14545 Robinson Avenue, Clearlake <b>(Drive thru at the backside of the church)</b>	9:30am-11:30am		9:30am-11:30am	
	<b>REFB</b> - Lucerne Alpine Senior Center	3985 Country Club Dr, Lucerne	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
	Kelseyville Presbyterian Church	5340 3rd St, Kelseyville	3:30PM-5:30PM			
<b>Wed. Oct. 9</b>	<b>REFB</b> - Seventh Day Adventist Church	1111 Park Way, Lakeport	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
<b>Thurs. Oct. 10</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <b>(Photo I.D. Required)</b>	11:30am-12:00pm			4:00pm-6:00pm
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
<b>Mon. Oct. 14</b>	<b>REFB</b> - Redbud Park <i>Holiday may affect distribution date</i>	14655 Ball Park Ave, Clearlake	9:00am-10:30am	9:00am-10:30am	9:00am-10:30am	
<b>Tue. Oct. 15</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <b>(Photo I.D. Required)</b>	11:30am-12:00pm			4:00pm-6:00pm
	Living Water Christian Fellowship S.B.C.	14545 Robinson Avenue, Clearlake <b>(Drive thru at the backside of the church)</b>	9:30am-11:30am		9:30am-11:30am	
	<b>REFB</b> - Twin Pine Casino	22233 South Highway 29, Middletown	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
	Upper Lake Seniors Support Services Building	9470 Mendenhall Ave, Upper Lake <b>(Bring bags for produce, staple goods, bread &amp; toiletries available)</b>	10:00am-10:30pm			
<b>Wed. Oct. 16</b>	Middletown United Methodist	15833 Armstrong St, Middletown	4:00pm-Until Food is Gone			5:00pm-6:30pm
	<b>REFB</b> - Running Creek Casino	635 E Hwy 20, Upper Lake	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			

<b>Thurs. Oct. 17</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <b>(Photo I.D. Required)</b>	11:30am-12:00pm			4:00pm-6:00pm
	Gleaners - Crossroads Church	6039 Crawford Ave, Clearlake	8:00am-10:00am			
	Gleaners - Little Red School House	15780 Bottle Rock Rd, Cobb	8:00am-10:00am			
	Gleaners Building	1896 Big Valley Road, Finley	8:00am-10:00am			
	Gleaners - Middletown Lion's Club	15399 Central Park Rd, Middletown	8:00am-10:00am			
	Gleaners - Nice	2817 Highway 20 <b>(Cross Street is Lakeview Dr, Nice)</b>	8:00am-10:00am			
	Gleaners - Spring Valley Community Center	3005 Wolfcreek Rd, Spring Valley	8:00am-10:00am			
	Gleaners - Crossroads Church	6039 Crawford Ave, Clearlake	8:00am-10:00am			
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
<b>Fri. Oct. 18</b>	<b>REFB - Grace Church of Kelseyville</b>	6716 Live Oak Drive, Kelseyville	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
<b>Sun. Oct. 20</b>	United Christian Parish	745 North Brush St, Lakeport				4:00pm-5:00pm
<b>Mon. Oct. 21</b>	Helping Hand	525 N. Main Street, Lakeport <b>(Located behind Chesty's Family Pets Store)</b>	10:00am-Until Food is Gone			
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
	<b>REFB - Redbud Park</b>	14655 Ball Park Ave, Clearlake	9:00am-10:30am	9:00am-10:30am	9:00am-10:30am	
<b>Tue. Oct. 22</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <b>(Photo I.D. Required)</b>	11:30am-12:00pm			4:00pm-6:00pm
	Living Water Christian Fellowship S.B.C.	14545 Robinson Avenue, Clearlake <b>(Drive thru at the backside of the church)</b>	9:30am-11:30am		9:30am-11:30am	
	<b>REFB - Lucerne Alpine Senior Center</b>	3985 Country Club Dr, Lucerne	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
	Kelseyville Presbyterian Church	5340 3rd St, Kelseyville	3:30PM-5:30PM			
<b>Wed. Oct. 23</b>	<b>REFB - Seventh Day Adventist Church</b>	1111 Park Way, Lakeport	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
<b>Thur. Oct. 24</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <b>(Photo I.D. Required)</b>	11:30am-12:00pm			4:00pm-6:00pm
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
<b>Sun. Oct. 27</b>	United Christian Parish	745 North Brush St, Lakeport				4:00pm-5:00pm
<b>Mon. Oct. 28</b>	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
	Helping Hand - Big Oak Peer Support Center <b>Call to confirm 707-413-8363</b>	13300 State Highway 20, STE. O, Clearlake Oaks	10:00 am-Until Food is Gone			
	<b>REFB - Redbud Park</b>	14655 Ball Park Ave, Clearlake	9:00am-10:30am	9:00am-10:30am	9:00am-10:30am	

	St. Peter's Catholic Church	4085 Main Street, Kelseyville <i>(Early arrival by 3:30pm is preferred)</i>				4:00pm-6:00pm
	Helping Hand-Community Peer Support Center-La Voz de Esperanza	3725 Pearl Avenue, Clearlake	10:00am-Until Food is Gone			
<b>Tue. Oct. 29</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <i>(Photo I.D. Required)</i>	11:30am-12:00pm			4:00pm-6:00pm
	Living Water Christian Fellowship S.B.C.	14545 Robinson Avenue, Clearlake <i>(Drive thru at the backside of the church)</i>	9:30am-11:30am		9:30am-11:30am	
<b>Thur. Oct. 31</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <i>(Photo I.D. Required)</i>	11:30am-12:00pm			4:00pm-6:00pm
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm

**Gleaners:**

- ❖ **All Gleaners locations** are drive-thru; please leave pets at home when you come to pick up food.
- ❖ **Clear Lake Gleaners Finley** - If you miss the bi-monthly distribution, they are open Mondays, Wednesdays & Fridays for emergency food from 8:00am-11:30am or until food runs out. Emergency food distribution will be closed on regular distribution days.

**Senior Basket:**

- ❖ Box of staple food items for low-income seniors 60 or older; bring ID to apply on site.

**Daily Essentials:** Diapers

- ❖ Available for families with children 4 years old and under.

**REFB:**

- ❖ Donations provided by the Redwood Empire Food Bank

**Senior Resources (60 + years of age)**

- ❖ **Middletown Senior Center Hot Lunch only:** Please call (707) 987-3113 by 10:00am for 12:00pm- 12:30pm, Dine-in only, Monday-Friday. Client intake form can be filled out at, 21256 Washington St, Middletown. Vaccination is required to dine-in.
  - **Meals on Wheels:** Delivered from 11:00 AM to 1:00 PM Monday-Friday to eligible homebound seniors only. The client Intake form can be completed by phone by calling (707)-987-3113.
- ❖ **Lakeport Seniors Center Hot Lunch Only:** 527 Konocti Ave. Lakeport. Monday-Thursday. 11:30AM-12:30PM. Dine in only, 60 years & over \$5 recommended donation, 60 years & under \$7 Mandatory fee.
  - **Meals on Wheels:** Frozen Meals Delivered Monday-Thursday to North Shore Seniors only. Register by calling 707-263-4218.

**Local Farmers' Markets: \*Dates and times are subject to change\***

Location	Months	Day(s) & Time
The Saturday Morning Market at The Shannon Mercantile - 4350 Thomas Dr. Lakeport	Year Round	Saturday 10:00am-1:00pm

**Student Resources (College Student's Only)**

- ❖ **Woodland Community College Basic Needs Center:** Lake County Campus, Room 800. Free resources like personal care items, instructional supplies, food, snacks & some clothing items are available to students only. Monday-Wednesday 10:00-3:00, Tuesday & Thursday 9:00am-1:00pm. By appointment only. Call 707-995-7924 for an appointment.
- ❖ **Mendocino Community College Lake Center:** To access the Food Pantry, students fill out a simple request card and present it to the Lake Center Assistants at the registration windows. Cards are in the learning commons at the Lake Center, or you can ask a Center Assistant. Monday-Thursday 8:30am-6:30pm & Friday 8:30am-2:00pm. (707) 263-4944, FOOD PANTRY services are FREE for all MC students.

**CalFresh Information**

You Can Apply Anytime:

- Online at [www.benefitscal.com](http://www.benefitscal.com)
- Drop boxes on site at 15975 Anderson Ranch Parkway, Lower Lake, CA 95457
- Phone by calling 707-995-4200 or faxing to 707-995-4204
- Mail to P.O. Box 9000, Lower Lake, CA 95457

Qualified emergency applications will be processed within mandated timeframes.

- For CalFresh, it can take up to **30 days** to process your application. You may be able to get benefits within **3 calendar days if you meet certain criteria**. Your application will be reviewed to see if it meets the criteria to be processed within 3 calendar days. If an Eligibility Specialist determines you are not entitled to expedited processing, you may ask for a meeting with an Eligibility Supervisor to review this decision.

**Name, address, and signature are required for an application to be considered complete, but we encourage you to complete as much information on this application as you can to assist with timely processing.**

**PROVIDERS: If you have information regarding food distributions in Lake County or updates to this list, please contact Lake County Department of Social Services at (707) 995-9015.**

# Recursos Alimentarios para el Mes de Octubre 2024



Clear Lake  
gleaners inc.



LAKE COUNTY  
HELPING HAND  
FOOD  
PANTRY



REDWOOD EMPIRE  
FOOD BANK

## INFORMACION IMPORTANTE

La confirmación de la distribución de alimentarios no siempre es posible. Para obtener información actualizada, visite los sitios web de Gleaners, Redwood Empire Food Bank y Helping Hands. Esta información esta sujeta a cambios y se proporciona como guía para las familias accedan a recursos alimentarios

\* Horarios y Ubicaciones sujetos a cambios \*

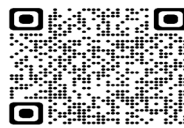
\* Condiciones Climáticas y Días Festivos pueden afectar las fechas de distribución \*

**POR FAVOR VISITE EL SITIO DE WEB O ESCANEA EL CODIGO QR PARA OBTENER INFORMACION ACTUALIZADA**

Lake County Helping Hand

ESCANEA AQUI O VISITE:

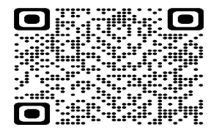
<https://lchelpinghand.com/>



Redwood Empire Food Bank

ESCANEA AQUI O VISITE:

<https://getfood.refb.org/>



Fecha	Ubicación	Dirección	Caja de Comida	Canasta de Mayores	Esenciales Diarios	Comida Caliente
<b>Mart. Oct. 1</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <b>(Identificación con foto requerida)</b>	11:30am-12:00pm			4:00pm-6:00pm
	Living Water Christian Fellowship S.B.C.	14545 Robinson Avenue, Clearlake <b>(Conduzca por la parte trasera de la iglesia)</b>	9:30am-11:30am		9:30am-11:30am	
	<b>REFB</b> - Twin Pine Casino	22233 South Highway 29, Middletown	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
<b>Mierc. Oct. 2</b>	Gleaners - Crossroads Church	6039 Crawford Ave, Clearlake	8:00am-10:00am			
	Gleaners - Little Red School House	15780 Bottle Rock Rd, Cobb	8:00am-10:00am			
	Gleaners Building	1896 Big Valley Road, Finley	8:00am-10:00am			
	Gleaners - First Lutheran Church	3836 Country Club Dr, Lucerne	8:00am-10:00am			
	Gleaners - Middletown Lion's Club	15399 Central Park Rd, Middletown	8:00am-10:00am			
	Gleaners - Nice	2817 Highway 20 – <b>(La calle transversal es Lakeview Dr, Nice)</b>	8:00am-10:00am			
	Gleaners - Spring Valley Community Center	3005 Wolf Creek Rd, Spring Valley	8:00am-10:00am			
	<b>REFB</b> - Lower Lake Park <b>Solo personas mayores de 60 años</b>	Corner of 2 <sup>nd</sup> Street and Mill Street, Lower Lake		9:30am-10:30am		
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <b>(Identificación con foto requerida)</b>	11:30am-12:00pm			4:00pm-6:00pm

<b>Juev. Oct. 3</b>	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
<b>Viern. Oct. 4</b>	<b>REFB</b> - Grace Church of Kelseyville	6716 Live Oak Drive, Kelseyville	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
<b>Lun. Oct. 7</b>	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
	Helping Hand - Big Oak Peer Support Center <b>Llame al 707-413-8363 para confirmar</b>	13300 State Highway 20, STE. O, Clearlake Oaks	10:00 am-Hasta que se acabe la comida			
	<b>REFB</b> - Redbud Park	14655 Ball Park Ave, Clearlake	9:00am-10:30am	9:00am-10:30am	9:00am-10:30am	
<b>Mart. Oct. 8</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <b>(Identificación con foto requerida)</b>	11:30am-12:00pm			4:00pm-6:00pm
	Living Water Christian Fellowship S.B.C.	14545 Robinson Avenue, Clearlake <b>(Conduzca por la parte trasera de la iglesia)</b>	9:30am-11:30am		9:30am-11:30am	
	<b>REFB</b> - Lucerne Alpine Senior Center	3985 Country Club Dr, Lucerne	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
	Kelseyville Presbyterian Church	5340 3rd St, Kelseyville	3:30PM-5:30PM			
<b>Mierc. Oct. 9</b>	<b>REFB</b> - Seventh Day Adventist Church	1111 Park Way, Lakeport	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
<b>Juev. Oct. 10</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <b>(Identificación con foto requerida)</b>	11:30am-12:00pm			4:00pm-6:00pm
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<b>Lun. Oct. 14</b>	<b>REFB</b> - Redbud Park <b>Días Festivos pueden afectar las fechas de distribución</b>	14655 Ball Park Ave, Clearlake	9:00am-10:30am	9:00am-10:30am	9:00am-10:30am	
<b>Mart. Oct. 15</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <b>(Identificación con foto requerida)</b>	11:30am-12:00pm			4:00pm-6:00pm
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	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
	Upper Lake Seniors Support Services Building	9470 Mendenhall Ave, Upper Lake <b>(Traiga bolsas para productos agrícolas, productos básicos, pan y artículos de tocador disponible)</b>	10:00am-10:30pm			
<b>Mierc.</b>	Middletown United Methodist	15833 Armstrong St, Middletown	4:00pm-			5:00pm-

<b>Oct. 16</b>			Hasta que se acabe la comida			6:30pm
	<b>REFB</b> - Running Creek Casino	635 E Hwy 20, Upper Lake	9:30am-10:30am	9:30am-10:30am	9:30am-10:30am	
	United Christian Parish	745 North Brush St, Lakeport	10:00am-11:00am			
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<b>Dom. Oct. 20</b>	United Christian Parish	745 North Brush St, Lakeport				4:00pm-5:00pm
<b>Lun. Oct. 21</b>	Helping Hand	525 N. Main Street, Lakeport <b>(Ubicado detrás de Chesty's Family Pets Store)</b>	10:00am-Hasta que se acabe la comida			
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
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<b>Lun. Oct. 28</b>	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm
	REFB - Redbud Park	14655 Ball Park Ave, Clearlake	9:00am-10:30am	9:00am-10:30am	9:00am-10:30am	
	Helping Hand - Big Oak Peer Support Center <b>Llame al 707-413-8363 para confirmar</b>	13300 State Highway 20, STE. O, Clearlake Oaks	10:00 am-Hasta que se acabe la comida			
	St. Peter's Catholic Church	4085 Main Street, Kelseyville <i>(Se prefiere llegar temprano antes de las 3:30 PM)</i>				4:00pm-6:00pm
<b>Mart. Oct. 29</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <b>(Identificación con foto requerida)</b>	11:30am-12:00pm			4:00pm-6:00pm
	Living Water Christian Fellowship S.B.C.	14545 Robinson Avenue, Clearlake <b>(Conduzca por la parte trasera de la iglesia)</b>	9:30am-11:30am		9:30am-11:30am	
<b>Mierc. Oct. 31</b>	Calvary Chapel of Clearlake	14330 Memory Lane, Clearlake <b>(Identificación con foto requerida)</b>	11:30am-12:00pm			4:00pm-6:00pm
	Middletown United Methodist	15833 Armstrong St, Middletown				5:00pm-6:30pm

**Gleaners:**

- ❖ **Todas las ubicaciones de Gleaners** son autoservicio; por favor deje sus mascotas en su casa cuando venga a recoger su comida.
- ❖ **Clear Lake Gleaners Finley** - Si se pierde la distribución bimestral, están abiertos los lunes, miércoles y viernes para recibir alimentarios de emergencias de 8:00 AM a 11:00 AM o hasta que se acabe la comida. La distribución de alimentarios de emergencias estará cerrada los días regulares de distribución.

**Canasta de Mayores:**

- ❖ Caja de alimentarios para personas mayores de bajos ingresos; traiga identificación para aplicar en el sitio.

**Esenciales Diarios: Pañales**

- ❖ Disponible para familias con niños de 4 años y menos.

**REFB:**

- ❖ Donaciones proporcionadas por Redwood Empire Food Bank

**Recursos para Personas Mayores (60 + años)**

- ❖ **Solo Almuerzo Calientes en Middletown Senior Center:** Por favor llame al (707)987-3113 antes de las 10:00 AM para las 12:00pm-12:30pm, para comer allí ese mismo día, lunes-viernes. El formulario de admisión de clientes se puede completar en 21256 Washington St., Middletown. Se requiere vacunación para cenar.
  - **Meals on Wheels:** Las entregas de comida de 11:00 AM a 1:00 PM de lunes-viernes solo persona mayores elegibles confiadas en su hogar. El formulario de admisión de clientes se puede completar por teléfono llamando al (707)987-3113.

❖ **Solo Almuerzo Caliente en Lakeport Senior Center:** 527 Konocti Ave. Lakeport, lunes-viernes. 11:30AM-12:30PM.

Para comer allí, 60 años y más tarifa recomendada de \$5, 60 años y menos, tarifa obligatoria de \$7.

- **Meals on Wheels:** Comidas congeladas entregadas de lunes-jueves para personas mayores de edad ubicadas en el North Shore del Condado. Regístrate llamando al 707-263-4218.

**Mercados de Agriculturas Locales: \*Las fechas y horarios están sujetos a cambios\***

Ubicaciones	Meses	Día(s) y Fechas
El mercado de sábado por la mañana en The Shannon Mercantile - 4350 Thomas Dr. Lakeport	Todo el año	Sábado 10:00am-1:00pm

### Recursos para Estudiantes (Solo para Estudiante Universitarios)

❖ **Centro de Necesidades Básicas de Woodland Community College:** Campus de Condado de Lake, salón 800.

Recursos gratuitos como artículos de cuidado personal, útiles escolares, alimentarios, refrigerios y algunas prendas de vestir están disponible solo para los estudiantes. Lunes-miércoles 10:00-3:00, martes y jueves 9:00am-1:00pm. Solo por cita. Llame al 707-995-7924 para programar una cita.

❖ **Mendocino Community College Centro de Lake:** Para acceder la despensa de alimentarios, los estudiantes completan una tarjeta de solicitud simple y la presente a los asistentes del Centro de Lake. Las tarjetas están en el "Learning Center" del Centro de Lake, o puede preguntar a un asistente del Centro. Lunes-jueves 8:30am-6:30pm & viernes 8:30am-2:00pm. (707) 263-4944, los servicios de DESPENSA DE ALIMENTARIOS son GRATIS para todos los estudiantes de MC.

### Información Sobre CalFresh

Puedes Aplicar en Cualquier Momento:

- En línea al [www.benefitscal.com](http://www.benefitscal.com)
- Buzones de entrega en el sitio en 15975 Anderson Ranch Parkway, Lower Lake, CA 95457
- Llamando al 707-995-4200 o enviar por fax 707-995-4204
- Enviar por correo al P.O. Box 9000, Lower Lake, CA 95457

Las solicitudes de emergencias calificadas se procesarán dentro de los plazos establecidos.

- Para CalFresh, puede tomar hasta **30 días** para procesar su solicitud. Es posible que pueda obtener beneficios dentro de **los 3 días calendario si cumple con ciertos criterios**. Su solicitud será revisada para ver si cumple con los criterios para ser procesada dentro de los 3 días calendario. Si un Especialista de Elegibilidad determina que usted no tiene derecho a un procesamiento acelerado, puede solicitar una cita con un Supervisor de Elegibilidad par revidar esta decisión.

**Se requieren el nombre, la dirección y la firma para que una solicitud se considere completa, pero le recomendamos que complete tanta información como pueda en esta solicitud para ayudar con el procesamiento oportuno.**

**PROVEEDORES: Si tiene información sobre la distribución de alimentos en el Condado de Lake o actualizaciones de esta lista, comuníquese con el Departamento de Servicios Sociales del Condado de Lake at (707)995-9015**